NEWSLETTER

NOVEMBER 2026



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Follow Us on Social Media



How do I help my kids have strong bones?

Reminder

Attention Early Intervention Families If you have a parent fee, please remember to pay it each month.

Your bill will come by the method you selected. Either in an email from no_reply@utah.gov or as a letter.

We love serving you and your family!



For over 30 years, DDI Vantage has organized a Sub For Santa program for children in the community who need help. Last year, over 100 children received gifts from our generous helpers.

EXPECTATIONS

For Santa's Helpers



Purchase new items:

- 2 items of clothing
- 1 book
- 1 item from their wish list



Contact family to schedule drop off of gifts.



Presents are wrapped and delivered to child.



Notify DDI Vantage contact that delivery has been completed.

If you'd like to sign up to be one of Santa's helpers and buy gifts for a family in need this holiday season, visit our website for more information - ddivantage.org.

Or

Click APPLY NOW

Other Ways To Help

Don't have time to shop? Make a monetary donation or drop off a Walmart or Target gift card.

Click DONATE NOW

(Put 'Sub For Santa' in the Comments section)



$10 provides a child with a book

$40 provides a wish list item

$50 provides a child with 2 items of clothing

$100 provides a child with a Christmas

Can't support an entire family?

Invite friends or family to help and sign up as a group or make a donation. Everything helps!

No time to drop off presents?

Let us know, and we'll do it for you!

Our October socialization was a great success, with 160 people in attendance! Families enjoyed the meal provided by DDI Vantage and made happy memories with their children. It was rewarding to see families interacting, connecting, and getting to know one another. We also appreciated the wonderful collaboration with Early Intervention staff and the support Early Head Start staff provided throughout the event.
Watching the pigs race was a highlight that brought plenty of fun and laughter!



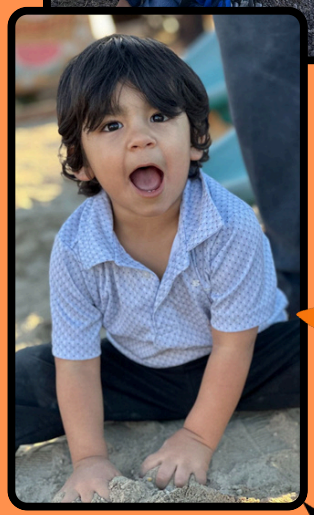






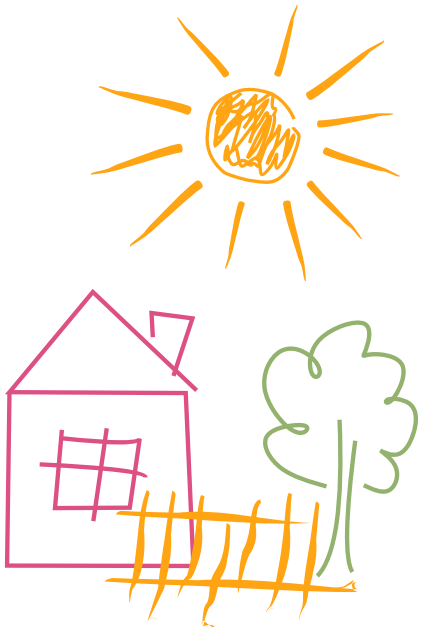






Family Story

Because of this program, my daughter, who was premature, has excelled greatly beyond my expectations. She is now three years old and testing at a four-year-old level. I would especially like to recognize my Family Advocate. Because of her great compassion, dedication to her work, and general love for children, this has all been possible. She is a very valuable asset to this service and has been exceptional to work with. Because of how well she has done, she will be continuing with Head Start.



-Beed Family

An Early Head Start Family

TIPS FOR RAISING GRATEFUL KIDS

Saying thank you is one of the first social rules many parents teach their children, and for good reason. We want our kids to be appreciative and not take things for granted, and learning to be grateful can improve kids' relationships, ability to empathize, and overall happiness.

Set an example

Show them what it means to be grateful by offering a genuine "thank you!" to a waitress who serves your food, a helpful neighbor, someone who holds the door open for you. But don't stop there — include your kids, too. Thanking children for doing things that are helpful, even when they are chores like putting away toys, reinforces the behavior and lets them know they're appreciated.

Point out generosity

Call attention to it when people (including your kids!) do things that go beyond what's expected — helping without being asked, being especially thoughtful, or taking extra time to do something because it's important to someone else.

Have a talk

For some kids, especially young children or those who have trouble understanding emotions, it can help to have a talk about how showing appreciation makes other people feel. Try asking your child how they feel when people say thank you to them for doing something nice, and then how they feel when they don't.

Find fun ways to say thanks

Teach your children there are many ways to show gratitude. They could try giving a smile or a thumbs up if someone holds the door, or show grandma how much they love their new coat by drawing a thank you picture.

Share the love

Encourage kids to think of people who help them, from coaches to neighbors to the local firemen, and say thanks with cookies or cupcakes. Making them and giving them are fun, and they help kids see how connected we all are.

Put things in perspective

Talk to your kids about those who are less fortunate. Don't scare them, but don't keep them in the dark either. Understanding that not everyone has the same advantages will help them develop compassion for others and gratitude for their own privileges.

Let kids choose

Encourage kids to turn their interests into action. Whether it's a fundraising drive at school, a bake sale, or a run for charity, expressing their interests and using their skills for a good cause is a great way to boost their confidence and give them a chance to give back at the same time.

Make gratitude part of bedtime

When you tuck them in at night, ask your child to tell you three things they're grateful for. Even if they've had a bad day it will help them — and you — end each day on a positive note.

Give kids credit

Be mindful of the fact that your child may have their own way of expressing gratitude, even if it doesn't fit your expectations. Different kids communicate in different ways.

Taken from: https://childmind.org/article/10-tips-raising-grateful-kids/

Thank You!

Thank you **Sharetix!**
Because of Sharetix, we've been able to offer our families opporutnities to attend the Hogle Zoo, a Mammoth Game, Monster Jam, Disney on Ice, Symphony with Santa, and Bluey's Big Show.

Thank you **Utah Royals & Utah Mammoth** for providing a night out for some of our families and our employees!

Thank you **McCarthy Foundation** for your support of our Physical Therapist Resident & Musikgarten

Thank you **David Kelby Johnson Foundation** for providing diapers for our Early Head Start Child Care Centers!

Fall Scavenger Hunt

GO FOR A WALK AND MARK OFF EVERY ITEM YOU SEE



Turkey Toast



What you need:

1 slice of whole wheat bread

1 tsp peanut butter

1 red apple

1 green apple

1 yelllow apple

2 raisins

Apples can be choking hazards for children 2 years and younger. Please only serve this if your child is good at chewing and can eat apples without choking.
If your child has a hard time chewing apples, you could use canned peaches and pears instead of the apple slices.